## Template for notification and public disclosure of transactions by persons discharging managerial responsibilities and persons closely associated with them

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Ingvill T. Berg
2	Reason for the notification	
a)	Position/status	EVP OCS
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Orkla ASA
b)	LEI	549300PZS8G8RG6RVZ52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800
b)	Nature of the transaction	Granting of stock options
c)	Price(s) and volume(s)	52,235 options issued without remuneration
d)	Aggregated information  — Aggregated volume  — Price	52,235 options issued without remuneration
e)	Date of the transaction	2022-05-06
f)	Place of the transaction	Outside of regulated market

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Hege Holter Brekke
2	Reason for the notification	
a)	Position/status	EVP Orkla Care
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Orkla ASA
b)	LEI	549300PZS8G8RG6RVZ52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800
b)	Nature of the transaction	Granting of stock options
c)	Price(s) and volume(s)	54,396 options issued without remuneration
d)	Aggregated information  — Aggregated volume  — Price	54,396 options issued without remuneration
e)	Date of the transaction	2022-05-06
f)	Place of the transaction	Outside of regulated market

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Johan Clarin	
2	Reason for the notification		
a)	Position/status	EVP OFI	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Orkla ASA	
b)	LEI	549300PZS8G8RG6RVZ52	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800	
b)	Nature of the transaction	Granting of stock options	
c)	Price(s) and volume(s)	56,319 options issued without remuneration	
d)	Aggregated information  — Aggregated volume  — Price	56,319 options issued without remuneration	
e)	Date of the transaction	2022-05-06	
f)	Place of the transaction	Outside of regulated market	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Christer Grönberg	
2	Reason for the notification		
a)	Position/status	EVP Group Functions	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Orkla ASA	
b)	LEI	549300PZS8G8RG6RVZ52	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800	
b)	Nature of the transaction	Granting of stock options	
c)	Price(s) and volume(s)	50,996 options issued without remuneration	
d)	Aggregated information  — Aggregated volume  — Price	50,996 options issued without remuneration	
e)	Date of the transaction	2022-05-06	
f)	Place of the transaction	Outside of regulated market	

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Thomas Ljungqvist	
2	Reason for the notification		
a)	Position/status	Acting EVP OC&FI	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Orkla ASA	
b)	LEI	549300PZS8G8RG6RVZ52	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800	
b)	Nature of the transaction	Granting of stock options	
c)	Price(s) and volume(s)	29,253 options issued without remuneration	
d)	Aggregated information  — Aggregated volume  — Price	29,253 options issued without remuneration	
e)	Date of the transaction	2022-05-06	
f)	Place of the transaction	Outside of regulated market	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Håkon Mageli
2	Reason for the notification	
a)	Position/status	EVP Corp Affairs & Comm.
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Orkla ASA
b)	LEI	549300PZS8G8RG6RVZ52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800
b)	Nature of the transaction	Granting of stock options
c)	Price(s) and volume(s)	43,839 options issued without remuneration
d)	Aggregated information  — Aggregated volume  — Price	43,839 options issued without remuneration
e)	Date of the transaction	2022-05-06
f)	Place of the transaction	Outside of regulated market

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Atle Vidar Nagel-Johansen
2	Reason for the notification	
a)	Position/status	EVP Orkla BCG
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Orkla ASA
b)	LEI	549300PZS8G8RG6RVZ52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800
b)	Nature of the transaction	Granting of stock options
c)	Price(s) and volume(s)	69,456 options issued without remuneration
d)	Aggregated information  — Aggregated volume  — Price	69,456 options issued without remuneration
e)	Date of the transaction	2022-05-06
f)	Place of the transaction	Outside of regulated market

1	Details of the person discharging managerial responsibilities/person closely associated		
a)	Name	Sverre Prytz	
2	Reason for the notification		
a)	Position/status	EVP M&A and Strategy	
b)	Initial notification/ Amendment	Initial notification	
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor		
a)	Name	Orkla ASA	
b)	LEI	549300PZS8G8RG6RVZ52	
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted		
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800	
b)	Nature of the transaction	Granting of stock options	
c)	Price(s) and volume(s)	51,709 options issued without remuneration	
d)	Aggregated information  — Aggregated volume  — Price	51,709 options issued without remuneration	
e)	Date of the transaction	2022-05-06	
f)	Place of the transaction	Outside of regulated market	

1	Details of the person discharging managerial responsibilities/person closely associated	
a)	Name	Harald Ullevoldsæter
2	Reason for the notification	
a)	Position/status	EVP CFO
b)	Initial notification/ Amendment	Initial notification
3	Details of the issuer, emission allowance market participant, auction platform, auctioneer or auction monitor	
a)	Name	Orkla ASA
b)	LEI	549300PZS8G8RG6RVZ52
4	Details of the transaction(s): section to be repeated for (i) each type of instrument; (ii) each type of transaction; (iii) each date; and (iv) each place where transactions have been conducted	
a)	Description of the financial instrument, type of instrument Identification code	Options to shares in Orkla ASA NO0003733800
b)	Nature of the transaction	Granting of stock options
c)	Price(s) and volume(s)	54,769 options issued without remuneration
d)	Aggregated information  — Aggregated volume  — Price	54,769 options issued without remuneration
e)	Date of the transaction	2022-05-06
f)	Place of the transaction	Outside of regulated market